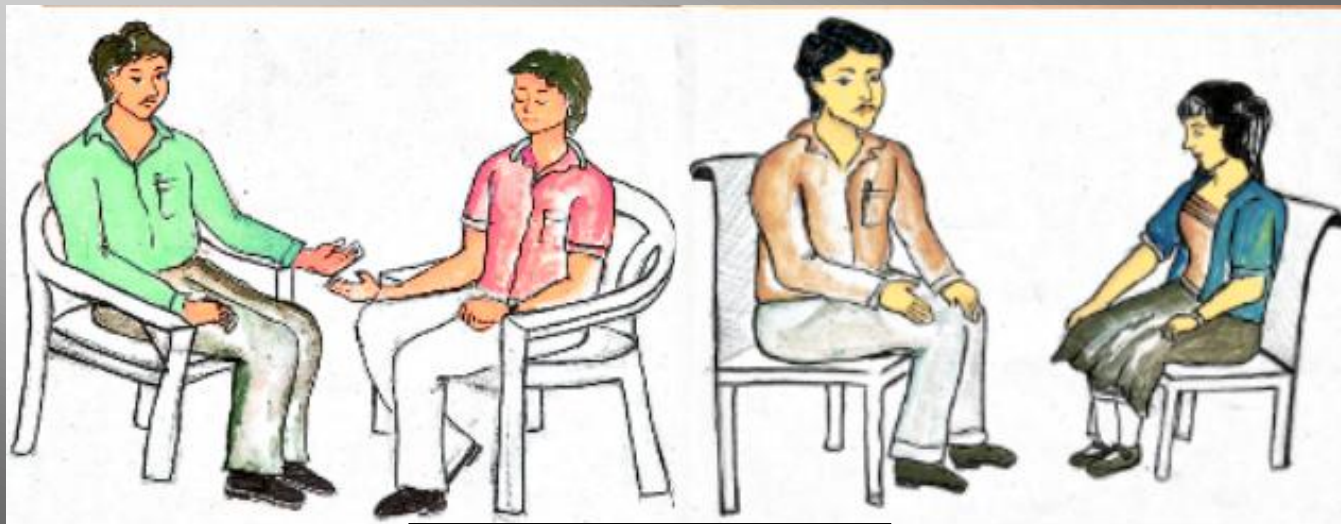


# F.A.M.E India

## Foundation for Action, Motivation and Empowerment

**F.A.M.E India** is a Foundation working for the last 15 years in training and enabling persons with special needs to live a life of dignity and self reliance. We carve a happy place for Individuals with Special Needs, making a difference in their lives.



Sketches by Pasha - FAME India alumnus

## **Adolescent Counseling Skills** **A Five Day Workshop - Certification by F.A.M.E India**

*Are you dealing with Adolescents?  
Do you manage Adolescents with Special Needs?  
Are you doing it in Sensitive & Systematic way?  
This workshop will help you find many right ways of Counseling.*

**F.A.M.E India**, Bangalore proposes to conduct a 5 day workshop on Adolescent Counseling Skills. This highly interactive and participative course will include case studies, group discussions, video films, practical counseling skills, role plays and personal coaching on interpersonal skills. Highly qualified faculty will facilitate this workshop

**Training Group:** Special Educators, Mainstream School Teachers, Parents, Students of Psychology, Sociology and Social Work, Caregivers, Individuals dealing with Adolescents.

**Training Objectives :** On conclusion of the workshop, the Participants will be able to

1. List out the steps in the Counseling Process.
2. Identify the Symptoms of increased Stress Levels in Adolescents and their Families.
3. Develop and Demonstrate Individual Counseling Skills.
4. Decide & Execute the appropriate type of counseling specific to people & situations.



Dates	:	Oct 3 - Oct 7, 2016
Venue	:	2 nd Floor, Nadathur Place, 8 th Main Road, 3rd Block, Jayanagar,
Time	:	9.30 am to 5.00 pm
Duration	:	40 hours of Theory & Practical
Evaluation	:	Viva, Participation, Assignments
Workshop Fees	:	Rs.5, 000 per Participant

*(\*Discount for a Group of three and more Participants)*

## Course Coverage

1. The Adolescent Profile : Symptoms and Causes of Stress in Adolescents
2. Orientation to Mental Health and Mental Health Services in India
3. Basics of Counseling- Need & Benefits of Counseling, What is Counseling and What is not Counseling, Counseling Process
4. Interpersonal Communication Skills - Active Listening and Effective Responding Skills
5. Orientation to Sex & Gender perspectives; Sexuality and Sexual Orientation
6. Counseling Strategies
7. Managing Adolescents with Mental Illnesses
8. Managing Adolescents with Special Needs & their Stakeholders.

## Resource Persons

- ❖ Dr. Yesheswini Kamaraju , MD (Adult Psychiatry); Fellowship - Child and Adolescent Psychiatry, Director-The Reach Clinic, Bangalore
- ❖ Dr. Sandip Deshpande, MD (Psychiatry), DPM, MRCPsych, CCT (UK), PG.Dip (Sexual & Relationship Psychotherapy), Consultant Psychiatrist and Sexual and Relationship Therapist at Sanjeevini Clinic, Bangalore
- ❖ Wing Commander PRN Murthy- Senior Faculty, FAME Academy

## Course Coordinator

Misha Mariam Thomas-MSW, M.Phil in Psychiatric Social Work.

For details kindly call 9886898213 or 080 22446622  
Email to [tvshankar@fameindia.org](mailto:tvshankar@fameindia.org) or [misha@fameindia.org](mailto:misha@fameindia.org)

*For online registration kindly note the details*

Name of the Bank	:	State Bank of India
Name of the Account	:	FAME India - DP
Account Number	:	00000035074494958
IFSC code	:	SBIN0015658
MICR No	:	56000219

### **F.A.M.E India**

156, 2nd Main, 36th Cross,  
Jayanagar 4th Block,  
Bangalore- 560 082, Karnataka.